

Building a Strong Foundation for Children from Birth to Age 5

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our child's first few years are so important! Learn how to make the most of them with *Active Parenting: First Five Years*, a program for parents and other caregivers. Written by parenting expert (and dad) Dr. Michael Popkin, this

course will show you how to nurture your child with a "just right" combination of freedom and nonviolent discipline. Help your kids start

strong—sign up

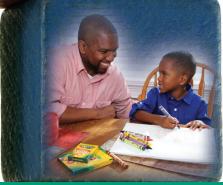
today!

Here's what you'll learn:

- What a baby's cry means
- Ages and stages of development
- Building a strong bond
- Your child's growing brain
 - Using mindfulness to keep your cool
 - Effective discipline young children can understand
 - Choices and consequences
 - 6 ways to prepare your child for school success

and much more!







Sign up today!