

You're invited to attend

Active Parenting for Stepfamilies in 3™

For Parents and Stepparents



Your stepfamily journey is about to get a whole lot easier!

Active Parenting for Stepfamilies in 3 is a workshop designed to teach you the skills you'll need to meet the unique challenges of stepfamily living. In just three sessions, you'll learn how to...

- blend family histories, traditions, and values.
- cope with loss and encourage healthy grieving.
- establish parental authority to discipline.
- improve communication in your stepfamily
- get along better with your former spouse.
- build new relationships based on respect and trust.
- avoid common stepfamily pitfalls such as loyalty conflicts, power struggles, and sending mixed messages.
- cope with difficult issues such as sexuality, emotional baggage, and managing money.
- set boundaries that work for your whole family.
- encourage your children to be their very best!

...and much more!

Getting married was the easy part! Now, as a parent in a stepfamily, you face a whole new set of challenges as well as all of the old ones. Maybe your son won't do anything your new husband asks of him and your stepdaughter turns her back on your attempts to get to know her. Or your biological kids and stepkids can't seem to get along. And with all of these problems to handle, you've ignored the needs of your marriage. Ultimately, you want to build a happy, healthy stepfamily, strengthened by trust, respect, and good communication. But how?

You can create harmony and stability in your stepfamily. *Active Parenting for Stepfamilies in 3*, a video and discussion program by parenting expert Dr. Michael Popkin & stepfamily expert Elizabeth Einstein, will show you how. In three sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to stepfamily living that will bring happiness and harmony into your home. You'll gain indispensable insights and learn powerful techniques for overcoming obstacles and achieving stepfamily success. You'll leave each session energized and motivated to make positive and realistic changes in your own stepfamily's daily life.

Since 1983, millions of families have learned the benefits of Active Parenting. Now it's your turn.



**Join us at the next session
and see the difference!**

For more information about Active Parenting, call 800-825-0060 or go to www.ActiveParenting.com.

Date:

Time:

Sponsored by:

Location:

To register, contact:

Phone:

E-mail:

Other Details:

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